



Ayurvedic Massage Therapist Certification Course

Course Curriculum

Prerequisites:

-Samya Ayurvedic Spa Therapist Certification	750 hours
-Advanced Ayurvedic Concepts Correspondence Course	24 hours
-Advanced Ayurvedic Anatomy, Physiology, Pathology and Therapeutics Correspondence Course	45 hours
-Advanced Human Anatomy, Physiology and Pathology Correspondence Course	379 hours

Total Prerequisites

1198 hours

Samya Ayurvedic Massage Practical Courses:

-Basic Ayurvedic Psychology: PSYI	14 hours
-Basic Clinical Anatomy: CAI	21 hours
-Basic Clinical Ayurvedic Assessment: CAAI	21 hours
-Basic Clinical Management: CMI	21 hours
-Basic Samya Yoga II: SYII	21 hours
-Basic Samya Marma Chikitsa Therapy (Vital Points): MCI	21 hours
-Basic Samya Chakra Shodhana™ Therapy (Energy/Prana Cleansing): CSI	21 hours
-Samya Shiroabhyanga Therapies (Head Massage) II: SAII	7 hours
-Samya Shirodhara Therapies (Flowing oil/decoction on head) II: SDII	21 hours
-Samya Padhabhyanga Therapies (Foot Massage) II: PII	7 hours
-Samya Hastamukhabhyanga Therapies (Hand and Face) II: HMII	7 hours
-Samya Abhyanga Therapies (Full Body Massage) II: AII	21 hours
-Samya Udvartana Therapies (Herbal Paste Massage) II: UDII	7 hours
-Samya Snehana Therapies (Oleation) II: SII	7 hours
-Samya Swedhana Therapies (Steam) II: SWII	7 hours
-Samya Lepa Therapies (Poultices and Plasters) II: LII	7 hours

Total Practical:

231 hours

Evaluation:

-Assignments and case studies:	9 hours
-Supervised Internship	48 hours
-Unsupervised recorded internship	44 hours
-Practical course quizzes & tests	15 hours
-Final Written Exam	2 hours
-Final Practical Exam	3 hours

Total Evaluation:

121 hours

Total Credit

1550 hours