



Ayurvedic Spa Therapist Certification Course

Course Curriculum

Prerequisites:

-Fundamentals of Ayurveda Correspondence Course	31 hours	-
-Basic Ayurvedic Anatomy, Physiology, Pathology and Therapeutics Correspondence Course	31 hours	
-Basic Human Anatomy, Physiology and Pathology Correspondence Course	300 hours	
-Samya Ethics, Etiquette and Hygiene Correspondence Course: EEI	40 hours	
-Samya Business and Marketing Correspondence Course	20 hours	

Total Prerequisites: 422 hours

Samya Ayurveda Spa Practical Courses:

-Basic Ayurvedic Aromatherapy: AAI	28 hours	
-Basic Ayurvedic Herbology: AHI	28 hours	
-Basic Ayurvedic Pharmacology: API	21 hours	
-Basic Samya Yoga: SYI	21 hours	
-Basic Samya Snehana Therapy (Oleation): SI	7 hours	
-Basic Samya Swedhana Therapy (Steam): SWI	7 hours	7 hours
-Basic Samya Shiroabhyanga Therapy (Head Massage): SAI	7 hours	
-Basic Samya Shirodhara Therapy (Flowing oil on head): SDI	7 hours	
-Basic Samya Padhabhyanga Therapy (Foot Massage): PI	7 hours	
-Basic Samya Hastamukhabhyanga Therapy (Hand & Face): HMI	7 hours	
-Basic Samya Abhyanga Therapy (Full Body Massage): AI	21 hours	
-Basic Samya Shilabhyanga Therapy (Stone Massage): SATI	14 hours	
-Basic Samya Udvartana Therapy (Herbal Paste Massage): UDI	7 hours	
-Basic Samya Ubtan Therapy (Herbal Flour Massage): UI	7 hours	
-Basic Samya Garshana Therapy (Glove Exfoliation Massage): GI	7 hours	7 hours
-Basic Samya Lepa Therapy (Poultices and Plasters): LI	7 hours	

Total Practical: 203 hours

Evaluation:

-Preparation and Presentation of Ayurvedic herbal oils and formulas:	
Course Project	6 hours
-Midterm assignment:	2 hours
-Supervised Internship	48 hours
-Unsupervised recorded internship	48 hours
-Practical Course quizzes & tests	16 hours
-Final Written Exam	2 hours
-Final Practical Exam	3 hours

Total Evaluation: 125 hours

Total Credit 750 hours