



Ayurvedic Beauty Therapist Certification Course Curriculum

Prerequisites:

-Fundamentals of Ayurveda Correspondence Course	31 hours
-Basic Ayurvedic Anatomy, Physiology, Pathology and Therapeutics Correspondence Course	31 hours
-Basic Human Anatomy, Physiology and Pathology Correspondence Course	300 hours
-Samya Ethics, Etiquette and Hygiene Correspondence Course: EEI	40 hours
-Samya Business and Marketing Correspondence Course	20 hours

Total Prerequisites:

422 hours

Samya Ayurveda Beauty Practical Courses:

-Basic Ayurvedic Aromatherapy: AAI	28 hours
-Basic Ayurvedic Herbology: AHI	28 hours
-Basic Ayurvedic Pharmacology: API	21 hours
-Basic Samya Snehana Therapy (Oleation): SI	7 hours
-Basic Samya Swedhana Therapy (Steam): SWI	7 hours
-Basic Samya Shiroabhyanga Therapy (Head Massage): SAI	7 hours
-Basic Samya Padhabhyanga Therapy (Foot Massage): PI	7 hours
-Basic Samya Hastamukhabhyanga Therapy (Hand & Face): HMI	7 hours
-Samya Soundarya Vardhani (Facial): SVI	21 hours
-Samya Mukha Rasayana (Rejuvenation facial): MRI	7 hours
-Samya Netra Rasayana (Eye rejuvenation): NRI	7 hours
-Samya Keza Rasayana (Hair rejuvenation): KRI	7 hours
-Samya Karashubhakari (Manicure): KSI	14 hours
-Samya Padhashubhakari (Pedicure): PSI	14 hours
-Samya Vaksas Rasayana (Breast rejuvenation): VRI	7 hours
-Samya Prstha Rasayana (Back rejuvenation): PRI	7 hours

Total Practical:

196 hours

Evaluation:

-Preparation and Presentation of Ayurvedic herbal formulas:	
Course Project	6 hours
-Midterm assignment:	2 hours
-Supervised Internship	50 hours
-Unsupervised recorded internship	50 hours
-Practical Course quizzes & tests	19 hours
-Final Written Exam	2 hours
-Final Practical Exam	3 hours

Total Evaluation:

132 hours

Total Credit:

750 hours