



Ayurvedic Nutritionist Certification Course

Course Curriculum

Prerequisites:

-Fundamentals of Ayurveda Correspondence Course	31 hours
-Advanced Ayurvedic Concepts Correspondence Course	24 hours
-Basic Ayurvedic Anatomy, Physiology, Pathology and Therapeutics Correspondence Course	31 hours
-Advanced Ayurvedic Anatomy, Physiology, Pathology and Therapeutics Correspondence Course	45 hours
-Basic Human Anatomy, Physiology and Pathology Correspondence Course	300 hours
-Advanced Human Anatomy, Physiology and Pathology Correspondence Course	379 hours
-Samya Ethics, Etiquette and Hygiene Correspondence Course: EEI	40 hours
-Samya Business and Marketing Correspondence Course	20 hours

Total Prerequisites:

870 hours

Samya Ayurvedic Nutritionist Practical Courses:

-Basic Ayurvedic Psychology: PSYI	14 hours
-Basic Clinical Ayurvedic Assessment: CAAI	21 hours
-Clinical Ayurvedic Assessment II: CAAII	42 hours
-Basic Clinical Management: CMI	21 hours
-Basic Ayurvedic Herbology: AHI	28 hours
-Basic Ayurvedic Pharmacology: API	21 hours
-Conventional Nutrition: CNI	21 hours
-Conventional Nutrition II: CNII	42 hours
-Advanced Conventional Nutrition: CNIII	84 hours
-Basic Ayurvedic Nutrition: ANI	28 hours
-Ayurvedic Nutrition II: ANII	84 hours
-Advanced Ayurvedic Nutrition: ANIII	154 hours
-Basic Ayurvedic Cooking: ACI	28 hours
-Ayurvedic Cooking II: ACII	70 hours
-Advanced Ayurvedic Cooking: ACIII	126 hours

Total Practical:

784 hours

Evaluation:

-Preparation and Presentations of Ayurvedic cooking, herbal formulas and client: Course Projects	66 hours
-Midterm assignment:	2 hours
-Supervised Internship	50 hours
-Unsupervised recorded internship	50 hours
-Practical Course quizzes & tests	28 hours
-Final Written Exam	2 hours
-Final Practical Exam	3 hours

Total Evaluation:

201 hours

Total Credit

1855 hours

